

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

Breakfast
Breakfast Pizza
Fruit & Juice

Lunch
Beef or Pork Taco Meat
Nachos w/ Cheese Sauce
Black Beans
Daily Fruit

4

Breakfast
Sausage & Rice
Fruit

Lunch
Corn Dog OR
Ham & Cheese Sandwich
Garden Salad
Daily Fruit

5

Breakfast
Breakfast on a Stick
Fruit & Juice

Lunch
Chili w/ Hot Dog OR
Beef Dippers
Rice
Fruit & Vegetable

6

Breakfast
Bagel w/ Cream Cheese
Fruit

Lunch
Cheese OR Pepperoni Pizza
Vegetables
Daily Fruit

9

Breakfast
Cinnamon Stuffed Bagel
Fruit

Lunch
Pasta w/ Meat Sauce or
Chicken Alfredo
Vegetable
Daily Fruit

10

Breakfast
Biscuit Breakfast Sandwich
w/ Bacon & Egg
Fruit & Juice

Lunch
Pork or Chicken
Spanish Rice
Beans
Fruit

11

Breakfast
French Toast Sticks
Fruit

Lunch
Swedish Meatballs w/
Rice OR
Corn Dog
Vegetable
Fruit

12

Breakfast
Breakfast on a Stick
Fruit & Juice

Lunch
Drumstick OR
Popcorn Chicken
Red Rice
Cucumber Salad
Fruit

13

Breakfast
Fried Rice w/ Ham & Egg
Fruit

Lunch
Cheese Breadsticks w/
Marinara OR
Turkey and Cheese Sandwich
Baby Carrots w/
Fruit

Cold Cereal offered every day as an option for Breakfast (instead of the menu item)

16

Breakfast
Blueberry Muffin
Fruit

Lunch
Breaded Chicken Sandwich
Regular OR Spicy
Potato Wedges
Fruit

17

Breakfast
Breakfast on a Stick
Fruit & Juice

Lunch
Chicken Nuggets OR
Pork Carnitas
Rice & Beans
Fruit

18

Breakfast
Breakfast Pizza
Fruit

Lunch
Orange Chicken OR
General Tso's Chicken
Rice
Salad
Fruit

19

Breakfast
Apple Frudel
Fruit & Juice

Lunch
Eggless Loco Moco
OR Hot Dog
Vegetable
Assorted Fruit

20

Breakfast
Chicken & Biscuit
Fruit

Lunch
Cheese Pizza or
Pepperoni Pizza
Assorted Vegetable
Fruit

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23

Breakfast
Strawberry Stuffed Bagel
Fruit

Lunch
Cheese Burger OR
Teriyaki Burger
Baby Carrots w/ Ranch
Fruit

24

Breakfast
Breakfast Sandwich w/
Sausage & Cheese
Fruit & Juice

Lunch
Chicken or Beef
Rice & Beans
Fruit

25

Breakfast
Cheese Omelet
Rice
Fruit

Lunch
BBQ Pork Sandwich OR
Pork Rib Patty Sandwich
Vegetable
Fruit

26

Breakfast
Mini Pancakes
Fruit & Juice

Lunch
Bistek OR Drumstick
Rice
Vegetable
Fruit

27

Breakfast
Benefit Bar
Fruit

Lunch
Popcorn Chicken w/
Mashed Potatoes & Gravy
OR Turkey & Cheese Sandwich
Fruit

At Lunch you are required to take either a fruit or Veg (or both) and 2 other components, milk is optional

30

Breakfast
Chocolate Chip Muffin
Fruit

Lunch
Swedish Meatballs OR
Chicken Nuggets
Rice
Daily Vegetable
Fruit

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Sally Lee

This institution is an equal opportunity provider.